

High School Lunch Menu August / September 2023



TOGETHER - Preparing EVERY Student for Future Success

Monday August 21, 2023	Taco Tuesday August 22, 2023	Wave Grill Wed. August 23, 2023	Pasta Thursday August 24, 2023	Friday August 25, 2023
August 21, 2020	August aaj avav	Dip & Dust Wings	Homemade Beefaroni	Hawaiian Pork Sanwich
		Boneless or Bone-In Wings	w/ Wa Roll	on a Bun
CONVOCATION DAY	PREP DAY	Choice of Dipping Sauce		1/5/1/5
NO SCHOOL	NO SCHOOL	or Dust Sessoning w/ Roll		
	Street Section 1997	Featured Veggles:	Featured Veggies:	Featured Veggies:
		French Fries	Caesar Salad	Pineapple Slaw
	A Three leading and the second	Celery & Carrot Sticks	Steamed Broccoli	Curly Fries
		Choice of Fruit	Choice of Fruit	Choice of Fruit
		Choice of Milk	Choice of MIIk	Choice of Milk
s week's Bravo Mexicar		101 - 0 111 111 1		Talda.
Monday	Taco Tuesday	Wave Grill Wed.	Pasta Thursday	Friday September 1, 2023
August 28, 2023	August 29, 2023	August 30, 2023 Breakfast Sandwich Gril	August 31, 2023 Pasta and Meatballs	Beef and Cheddar Chees
Chicken Mash Potato	Waiking Taco	W choice of Ham Bacon of	w Breadstick	Fries
Bowl w/ Wg Roll	W/ SOUT Creatil sild sains	sausage, Egg Patty and choice	A Diesassick	11100
		of Bread and Cheese		
Featured Veggies:	Featured Veggies:	Featured Veggies:	Featured Veggies:	Featured Veggies:
Mash Potatoes	Seasoned Pinto Beans	Hash Browns	Italian Salad	Sliced Cucumbers
Yellow Com	Lettuce and Tomato Cup	Sliced Tomato and Letuce	Green Beans	Steamed Peas
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
s week's Bravo Texas S	moke House			
Monday	Taco Tuesday	Wave Grill Wed.	Pasta Thursday	Friday
September 4, 2023	September 5, 2023	September 6, 2023	September 7, 2023	September 8, 2023
		Fajita Grill	Cheese Stuffed	Cowboy Burger w/ BBQ
		Choice of Steak or Chicken	Breadsticks	Sauce, Onion rings &
LABOR DAY NO SCHOOL	PD DAY	Regular or Spicy Cheese	and Marinara Sauce.	Cheddar on Pretzel Roll
	NO SCHOOL	Sauce and choice of shells		
		Featured Veggies:	Featured Veggies: Sliced Cucumbers	Featured Veggies: Onion Rings
		Peppers & Onions Black Beans	Steamed Corn	Celery Sticks
		Choice of Fruit	Choice of Fruit	Choice of Fruit
		Choice of Milk	Choice of Milk	Choice of Milk
is week's Bravo Brunch	Rar	CHOICE OF MILK	CHOICE OF MILK	OHOICO OF MILK
A MACK O CITALOUS DIGITOR				
Monday	Taco Tuesday	Wave Grill Wed.	Pasta Thursday	Friday
Monday September 11, 2023	Taco Tuesday September 12, 2023	Wave Grill Wed. September 13, 2023	Pasta Thursday September 14, 2023	Friday September 15, 2023
September 11, 2023	September 12, 2023	Wave Grill Wed. September 13, 2023 Ball Park Grill		NAME OF TAXABLE PARTY OF TAXABLE PARTY.
September 11, 2023 alian Meatball Sandwich		September 13, 2023	September 14, 2023	September 15, 2023
September 11, 2023	September 12, 2023 Chicken or Cheese	September 13, 2023 Ball Park Grill	September 14, 2023 Chicken Alfredo	September 15, 2023 BBQ Ribby
September 11, 2023 alian Meatball Sandwich on a Hoagle Bun	September 12, 2023 Chicken or Cheese Quesadilla	September 13, 2023 Ball Park Grill Chicken or Philly	September 14, 2023 Chicken Alfredo	September 15, 2023 BBQ Ribby Sandwich with Pickles & Onions
September 11, 2023 alian Meatball Sandwich on a Hoagle Bun	September 12, 2023 Chicken or Cheese Quesadilta w/ sour cream and salsa Featured Veggies:	September 13, 2023 Ball Park Grill Chicken or Phility CheeseSteak, Sauage Link or Hot Dogs Featured Veggies:	September 14, 2023 Chicken Alfredo w/ Breadstick Featured Veggles:	BBQ Ribby Sandwich with Pickles & Onions Featured Veggies:
September 11, 2023 alian Meatball Sandwich on a Hoagle Bun w/ Sauce and Cheese Featured Veggles: Seasoned Fries	September 12, 2023 Chicken or Cheese Quesadilta w/ sour cream and salsa Featured Veggies: Refried Beans	September 13, 2023 Ball Park Grill Chicken or Philly CheeseSteak, Sauage Link or Hot Dogs Featured Veggies: Peppers & Onlons	Chicken Alfredo w/ Breadstick Featured Veggles: Caesar Salad	BBQ Ribby Sandwich with Pickles & Onions Featured Veggies: French Fries
September 11, 2023 alian Meatball Sandwich on a Hoagle Bun w/ Sauce and Cheese Featured Veggles: Seasoned Fries Steamed carrots	Chicken or Cheese Quesadilta Wi sour cream and salsa Featured Veggies: Refried Beans Steamed Broccoll	September 13, 2023 Ball Park Grill Chicken or Philly CheeseSteak, Sauage Link or Hot Dogs Featured Veggies: Peppers & Onions Baked Beans	September 14, 2023 Chicken Alfredo w/ Breadstick Featured Veggles: Caesar Salad Mixed Vegetable	BBQ Ribby Sandwich with Pickles & Onions Featured Veggles: French Fries Green Beans
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September 11, 2023 alian Meatball Sandwich on a Hoagle Bun w/ Sauce and Cheese Featured Veggles: Seasoned Fries Steamed carrots Choice of Fruit Choice of Milk is week's Bravo Asian B Monday September 18, 2023 Toasted 3 Cheese Sandwich Featured Veggles: Tomato Soup Roasted Red Potatoes Choice of Fruit Choice of Milk is week's Bravo Deli Ba Monday September 25, 2023 Hot Ham & Cheese	Chicken or Cheese Quesadilla wi sour cream and salsa Featured Veggies: Refried Beans Steamed Broccoll Choice of Fruit Choice of Milk ar Taco Tuesday September 19, 2023 Nacho Grande wi Tortillia Chips wi sour cream and salsa Featured Veggies: Corn & Black Bean Salsa Lettuce and Tomato Cup Choice of Milk Taco Tuesday September 26, 2023 Chimmichuri Pork Tacos	Ball Park Grill Chicken or Philly CheeseSteak, Sauage Link or Hot Dogs Featured Veggies: Peppers & Onions Baked Beans Choice of Fruit Choice of Milk Wave Grill Wed. September 20, 2023 Polish Grill Choice of Hot Dogs or Kielbasa. Pierogi, and Cheese Sauce Featured Veggies: SauerKraut Sauteed Onion Choice of Fruit Choice of Milk Wave Grill Wed. September 27, 2023 Build a Burger Grill Hemburger or Black Bean Burger W/ bacon, onion rings, and	Featured Veggles: Caesar Salad Mixed Vegetable Choice of Fruit Choice of Milk Pasta Thursday September 21, 2023 Macaroni & Cheese w/ Wg Roll Featured Veggles: Side Salad Com Cobbette Choice of Fruit Choice of Fruit Choice of Fruit Side Salad Com Cobbette Choice of Fruit Choice of Fruit Choice of Milk Pasta Thursday September 28, 2023 Fresh Made Stromboli	Beptember 15, 2023 BBQ Ribby Sandwich with Pickles & Onions Featured Veggies: French Fries Green Beans Choice of Fruit Choice of Milk Friday September 22, 2023 Chicken Tenders w/ WG Roll Featured Veggies: Potato Wedges Babby Carrots Choice of Fruit Choice of Milk Friday September 29, 2023 Buffalo Chicken
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DAILY ENTRÉE OPTIONS MAY INCLUDE:

Bravo Bars

Cheese Burger on a Bun

Whole Grain Chicken Patty on a Bun Whole Grain Spicy Chicken Patty on a Bun

Cheese Pizza

Pepperoni Pizza

Hamburger on a Bun

What is a Meal? You must choose at least 3 of 5 components available for the school lunch price. Meat or meat alternate, choice of vegetable, choice of fruit. grain/ bread and choice of milk 1% White Fat Free White Fat Free Chocolate Fat Free Vanilla, Fat Free Strawberry A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup vegetable MUST accompany a

Weekly Vegetable Subgroups May Include:

Dark green (apinach, broccoli, romaine spring salad), redigrange (carrots, sweet potatoes, tomatoes, red peppers), beans/peas (legumes), starchy (white potatoes,

Com. peas, ima beans). Other vegetables will include celery sticks, cucumbers, cauliflower, green beans, cabbage, green peppers.

Daily Fruit Selections May Include, Oranges, Apples, Banarias, Grapes, Pears, Peaches, Cantaloupe, Meilon, Strawberries, Applesauce, Pineapple, and Mandarin Oranges.



Grilled Chicken Salad Taco Salad Farmhouse Salad, Strawberry Spinach Salad Popcorn Chicken Wrap Turkey & Cheese Wrap

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Menu subject to change based on product availability

This Institution is an equal opportunity provider